

# October 2016 Calendar for Prayer and Action for Hunger

*New Hampshire Food Bank NH's only food bank since 1984.  
They help feed over 139,730 men, women and children each year.*

**1** *Genesis 18:1-15*  
At your meal table today, set an extra place. To whom is God calling you to show hospitality?

**2** *Genesis 25:29-34* Enjoy a meal of beans and rice, and donate a package of each to your local food pantry.

**3** *Genesis 41:25-36* Count the number of food items in your cupboards. Put 1¢ for each aside.

**4** *Leviticus 19:9-10* Tell a friend how the Community Kitchen feeds the hungry, following the biblical practice of gleaning.

**5** *Genesis 1:26-31* Pray for those who seek work in order to feed themselves and their families.

**6** *Exodus 13:1-10* The Hebrew people ate in a hurry. Put 50¢ aside for every fast food meal you've eaten in the last month.

**7** *Exodus 16* Eat only leftovers today. 48 million hungry Americans would love to have such good food to eat.

**8** *Ruth 1-2* 1 Food left in the fields is forgotten, like loose change is forgotten. Put your loose change aside today.

**9** *Kings 17:12-16* Where in your life are you experiencing scarcity today— Money? Love? Hope? Time? Share some of what seems scarce.

**10** *Psalms 23* “The Lord is my shepherd. I shall not want.” Practice contentment today.

**11** *Ecclesiastes 9:7-10a* Enjoy a special meal with good friends or family today. Thank God for their presence in your life.

**12** *Proverbs 15:15-17* Serve only vegetables and love for dinner tonight.

**13** *Psalms 104* Where in your life do you experience abundance—Money? Love? Hope? Time? Share what seems overflowing today.

**14** *Proverbs 30:7-9* Set aside a “want” and share a tithe (10%) of what that “want” would cost with NH Food Bank or your congregation.

**15** *Isaiah 55* For what are you hungering and thirsting today? Spend time in prayer with today's reading.

**16** *Isaiah 58:6-11* How is hunger an issue of justice? Consider the politics of food and hunger. Find your voice and be heard!

**17** *Matthew 4:1-11* They say talk is cheap. Put 1¢ aside for every 100 words you speak today.

**18** *Luke 12:13-33* Put 25¢ aside each time you worry this week.

**19** *Matthew 6:7-13* Put an amount aside equivalent to what you spend on a loaf of bread.

**20** *Matthew 7:7-11* Pray for agencies in your community that feed the hungry.

**21** *Luke 11:5-8* Put 1¢ aside for every hour you slept this week.

**22** *Luke 14:15-24* Is there an area in your life in which you are refusing God's invitation?

**23** *John 6:1-14* 1 Skip lunch today and give the money you'd have spent to NH Food Bank instead.

**24** *Corinthians 10:23-31* Serve a meal at a soup kitchen or shelter today, for the glory of God.

**25** *Acts 2:43-47* Consider how your faith community might be more like the Acts 2 community.

**26** *John 6:22-34* How are you working for the “food that endures for eternal life?”

**27** *John 6:35-40* Give thanks today for Jesus, the Bread of Life.

**28** *Romans 14:1-9* Try a new food, from a different culture today.

**29** *Philippians 4:4-9* 1 Today, plan one way you will fight hunger in the coming months.

**30** *Timothy 6:6-8* Put a gift aside as a thanksgiving for the many blessings you enjoy.

**31**

<http://www.NHFoodBank.org/>

*For every \$1 donated, you provide 2 meals.*

*Special collection Sunday October 30 for NH Food Bank*